

Characteristics of optimal 21st Century Doctors

We are designing iMedTrust's education programs to ensure that the graduates from all of our partner schools, including our initial "pathfinder" campus, have the personal and professional foundation needed for becoming doctors (and other health professionals) who:

- **Are competent** in the disciplines needed for effective, contemporary clinical practice, appropriate for the contexts in which they work;
- **Understand and value** different healthcare professions and disciplines, with particular emphasis on being equipped to provide primary care that is inter-professional, collaborative, mindful, and integrates patients as core contributors to decision-making to the maximum extent feasible;
- **Are able to**, and choose to, engage in long-term, open, empathic, compassionate relationships with patients and their families;
- **Are able to earn** and sustain the trust of patients, colleagues, students, and others;
- **Are comfortable** communicating with, and being constructively helpful to people from a wide variety of language, cultural, religious, educational, and values backgrounds;
- **Are committed to** contributing to the care of the medically underserved, in both advantaged and disadvantaged communities, locally and internationally;
- **Understand** and respond appropriately to resource scarcity in healthcare delivery;
- **Are equipped to assess**, adapt, and adopt worthy healthcare innovations;
- **Provide care** that prioritizes health promotion, disease prevention, and focusses on establishing healthy habits. It is oriented to individuals, families and communities;
- **Are able to** respond appropriately to "unfiltered" (non-preselected, non-referred) patients;
- **Adapt comfortably** and constructively to ambiguity, uncertainty, and complexity;
- **Are committed to** and have the skills needed for being effective, eager, mindful learners throughout their careers;
- **Are routinely** reflective and capable of reasonably accurate self-assessments, seeking to be alert to their own strengths and limitations, and ready to recognize and seek help when needed;
- **Remain committed to** devoting time and effort to supporting the learning of students and less-experienced colleagues throughout their careers, and are skilled at doing so;
- **Choose to exert leadership**, serving as constructive change-makers in their communities, as needed, within the range of their capabilities for doing so.